



Saint Michael's Church

March 16th-17th, 2019

The Second Sunday in Lent



MASS SCHEDULE

Monday-Friday: 7:30 AM & 11:00 AM

Saturday: 9:00 AM

Sundays:

Saturday evening: 5:30 PM

Sunday morning: 7:30, 9:00 Korean,

10:30 AM, 12:00 Noon

Sunday Mass at 1:30 PM-Spanish Mass

8:00pm - Korean Mass

Feast: 8:00 AM, 12:00 Noon

Holydays: Vigil Mass: 7:30 PM

HOLY HOUR EVERY THURSDAY AT 8:00PM

Each Wednesday there is a 8:00pm

Spanish Mass in the Church.

RECONCILIATION (Confession)

Each Saturday 5:00pm in the Church

BAPTISM

All English Baptisms will be held on the Third Sunday of the Month at 10:30 AM Mass. And, all Korean Baptisms will be held on Third Sunday of the month at the 9:00am Mass. All Spanish Baptisms will be held on the Second Sunday of the Month at 3:00 PM. Instructions will be arranged with the parents and Sister Madeleine Park or Deacon Jesus Aristy (201 233-0782). Please come to the rectory to register.

WEDDING

Contact the rectory 1 year in advance of the wedding date

Rectory: 19 E. Central Blvd., Palisades Park,

N.J. 07650

201-944-1061 • Fax: 201-947-1798

email: Saintmichaelp@aol.com

OUR PARISH STAFF

Reverend Minhyun Cho, Pastor

Reverend Ernest G. Rush, Parochial Vicar

Reverend Stanley Lobo, Priest In Residence

Sister Madelene Park, Pastoral Associate

Mrs. Seung (Michaela) Kang, Office Manager and

Ms. Junghee (Regina) Min, Pastoral Assistant.

Religious Education Coordinator-

Mrs. Toni Fordyce (201-886-9034)

Trustees: Mrs. Chung Im Juliana Kim and

Mrs. Mirjana Tarabocchia

Notre Dame Interparochial Academy

Mr. Mark Valvano Principal, Grades Pre-K to 8.

312 First St. Palisades Park, N.J. 201-947-5262.

Nuri School (weekend school)

Contact 312 First St. Palisades Park, NJ-

201 944-1061

*Saint Michael Church will have
The Stations of The Cross each Friday evening
In the Church at 7:30pm-Starting March 08th.
We hope you will join us.*



The 2019 Archbishop's Annual Appeal 2019



Brothers and Sisters in Christ,

I humbly ask your prayerful consideration of a gift to the **2019 Annual Appeal**. *Serving God's People.*

Your help is needed now more than ever-to proclaim the Gospel, to pass on the faith to future generations, and to care for the poor and vulnerable. Now is not the time to give up on the Church. Now is the time to renew our efforts to be Christ's hands and feet, His mind and heart, in the service of others. Let us respond with gratitude as responsible and generous steward of God's many gifts.

 *Mass Intentions*



March 17th-23rd, 2019

The Sanctuary Intentions
The Sanctuary Candle, Bread and Wine for: Trisha, Arlene and Mae Staats (Staats Family)

SATURDAY, MARCH 16th, 2019-Weekday

- 9:00 Stephano Cho (The Chon Family)
- 5:30 Carmela Percontino (John and Anna Percontino)

SUNDAY, MARCH 17th, 2019 The Second Sunday of Lent/ Saint Patrick's Day Dinner/Dance

- 7:30 Kathleen Scala (Borough Employees)
- 9:00 For the People of the Parish
- 10:30 John Joseph Ostuni (Catherine Klag)
- 12:00 Andrew Na (The Na Family)
- 1:30 Spanish Mass
- 8:00 Korean Mass



Saint Michael's Church
Sunday Offerings

March 09th-10th, 2019 was: \$5,084.00

5:30pm:\$300.00, 7:30am:\$247.00,
9:00am:\$1,616.00, 10:30am:\$389.00,
12:00pm:\$584.00, 1:30pm Spanish Mass: \$1,087.00, 8:00pm Korean Mass: \$861.00., Total: \$5,084.00
Today, our Second Collection will be for our Annual Maintenance Repair

MONDAY, March 18th-St. Cyril of Jerusalem

- 7:30 Theresa Yang (Lucy Yang)
- 11:00 Chong Bun Lee (none given)

TUESDAY, March 19th-Saint Joseph

- 7:30 Living-Steven Ahn (The Ahn Family)
- 11:00 Marie Bernadette Kumarihamy (The Goonetilleke Family)

WEDNESDAY, March 20th-Lenten Weekday

- 7:30 In Remembrance of The Second Anniversary of Eternal Rest in Heaven for Edith Thornton (The Thornton Family)
- 11:00 Living-Miss Peggy Blessing (Pat Miller)

8:00pm Spanish Mass

THURSDAY, March 21st - Lenten Weekday

- 7:30 Benni Matcovich (The Matcovich Family)
- 11:00 Living-Coletto Ahn (The Ahn Family)

8:00pm Holy Hour

FRIDAY, March 22nd- Lenten Weekday/ Abstinence/Stations of The Cross

- 7:30 Living-Mark Wellmann (Paik Family)
- 11:00 Christine Paik (Paik Family)

7:30pm Stations of The Cross



SATURDAY, March 23rd-St.Turibius of Mogrovejo/Lenten Weekday

- 9:00 Living-Jason Choi (Choi Family)
- 10:30 First Penance CCD
- 5:30 Roberto Arenas (Children)

SUNDAY, March 24th-The Third Sunday of Lent

- 7:30 Living-Jacob Lee (Choi Family)
- 9:00 Korean Mass-For The People Of The Parish
- 10:30 Living-Eliza Lee (Choi Family)
- 12:00 Living-Jina Suh (Hyun Won Suh)
- 1:30 Spanish Mass and
- 8:00pm Korean Mass

Paschal Candle 2019

Large Paschal Candle: In Memory Of: The Camporeale and Tattoli Family
(Clare and Sam Tattoli)

Small Paschal Candle: In Memory Of: The Camporeale and Tattoli Family
(Clare and Sam Tattoli)

Small Paschal Candle: In Memory Of: The Camporeale and Tattoli Family
(Clare and Sam Tattoli)



Confidential Mental Health Counseling Available
Minhyun Cho
LPC NBCC, M.Div, M,Eds

Reverend Minhyun Cho
Counseling Mental Health Provider

Tel: 973-634-5409

Email: chominhy@yahoo.com
Text or Kakao Talk Preferred.

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Mental Consejeria
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Email: chominhy@yahoo.com
Text or Kakao Talk Preferred.

Let me help you bring
Healing, Comfort,
Peace and Calm To Your Life.
It's Time, Call Me.



Brothers and Sisters of St. Michael's,

I wish to take a moment to thank all who are generously supporting the Archbishops Annual 2019 Appeal. Our usual donations have been down and not many are contributing to the appeal. Our parishioners have always blessed Saint Michael's with generosity, you, our parishioners who truly care about YOUR church and YOUR diocese. For those who have not turned in their pledge envelopes, you still can participate in this appeal by dropping them in the collection basket or simply mailing them directly to the diocese. I am still hoping that we can increase our number of participating families and remember, any overages in pledges to the appeal will come right back to our parish.

We have now arranged for our Lenten Penance Service to be in English, Korean and Spanish on April 04th at 7pm in the main church. The new life in Christ that begins in Baptism may be weakened or lost through sin. Sin ruptures not only our relationship with God but also with our brothers and sisters. By the nourishing light of the Holy Spirit, we are able to prepare for the Sacrament of Penance by examining our consciences to identify those ways in which we are not in right relationship with God and with others. This examination also challenges us to recognize our own participation in the "structures of sin" that degrade others' lives and dignity.

Through the Sacrament of Penance, God offers mercy and forgiveness. In response to this gift, we are called to become vehicles of Christ's love, making amends and restoring justice and the bonds that have been broken. Healed and forgiven, we are sent to work for peace, justice, and love in our communities and world. Sin damages our relationship with God and neighbors. In the Gospels, Jesus teaches that love of God and love of neighbor are intimately connected. When we sin against those in need by failing to act compassionately toward them, we ignore Christ himself.

The importance of Confession of your soul, only YOU can experience the freedom you will feel when all the sin is forgiven and only the good remains. I pray to see you at our Penance Service.

I am very happy to be back at our parish and if I can be of assistance to anyone please arrange a meeting at the rectory or a telephone call.

Fr. Minhyun Cho

God Bless America and God Bless Our Troops.



Saint Michael's Penance Services will on held on Thursday, April 04th, 2019 at 7:00pm in the Church, available IN THREE LANGUAGES! Come and prepare for Easter!

ARCHDIOCESE OF NEWARK
2019 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.

On a day of Fast, only one full meal is permitted, and two smaller meals, which, if added together would not exceed the main meal in quantity.

Those between the ages of 18 and 59 are obliged to fast.

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent, March 10th, 2018 to The Solemnity of the Most Holy Trinity, June 16th, 2019.

***Canon 920,1, All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.**

To The Parishioners of Saint Michael's Parish

Humbled, we will place ourselves before God in dust and ashes and ask for His grace to empty ourselves of false pride, pretense and justifications that prevent us from seeing ourselves for whom we really are—mortals totally dependent on Him. There are many ways to observe Lent. But, it is with great joy that I invite every Parish in our Diocese, every prayer group, youth group, Rosary, Knights of Columbus, everyone to try a different Lenten Practice this year!!!! This year I invite all of you to join me on **TEN MILES WITH JESUS JOURNEY!** Are you willing to leave your comfort zones for a day, and challenge yourselves physically and spiritually, to join the Ten Miles with Jesus Group as we walk the Stations of The Cross. By engaging all that we possess, our bodies, hearts and souls, walking the Stations of the Cross creates real closeness and communion with Jesus. It reminds us that our bodies are Temples of the Holy Spirit, and that the best way to worship the living God present among is both with and within our hearts, souls, and bodily strength. The walking Pilgrimage begins Sunday, March 24th at 10am at the Archdiocesan Shrine of St. John Paul II in Linden, NJ and conclude with the Holy Eucharist at the Most Sacred Heart of Jesus Cathedral in Newark. See below for all the info to register.

Most Reverend Manuel A. Cruz

Tired of giving up sweets and coffee for Lent?
This year take up your cross
and walk with Jesus!

Walking Stations of the Cross
SUNDAY, MARCH 24, 2019 10:00 am



**10 miles
with JESUS**

FROM: ARCHDIOCESAN SHRINE OF ST. JOHN PAUL II
131 E. EDGAR RD., LINDEN, NJ

TO: CATHEDRAL BASILICA OF SACRED HEART OF JESUS
27 ROOSE ST., NEWARK, NJ

INFO AND REGISTRATION: 201-225-1949
WWW.10MILESWITHJESUS.ORG



Prayer Requests

HOMEBOUND AND SHUT-INS..

Any of our parishioners who are ill and desire a visit as well as our homebound or elderly parishioners and are wanting to receive Communion each Wednesday we wish to help you receive...just please call Michaela to arrange a visit.

Please pray for the sick!

*If you wish to place a name on the list please call the rectory 201-944-1061 **Pray For: Maria Ciceran, Carolina Vidals, Kelly Kamp, Sylvia Lovretin, Matthew Wagner, Dorothy Williams, Richard Radican, Monika Tello, Elizabeth Magliato Loughlin and for James Cassano.***



RELIGIOUS EDUCATION NEWS.....

Our date for First Penance has changed to Saturday, March 23rd at 10:30am in the Church.

Please attend Mass every Sunday –this is important part of your child's First Penance and Holy Communion preparation.

Our Family Mass is at 12:00 Noon.
Communion Classes in Notre Dame from 9:15-10:15am
Prior to CCD Classes.

Special Anniversary Masses

If you have an anniversary of 50, 25, 5 years please register for the up-coming Christian Wedding Anniversary Masses on April 28th, 2019 and June 02nd, 2019 held at the Cathedral Basilica for those couples married 50 years or more and 5 and 25 years respectively. Please come to the rectory if you will be celebrating any of the above masses this year.





*Saint Michael's
Annual Saint Patrick's
Day
Dinner/Dance*

*Sunday, March 17th,
2019*

*Notre Dame Gym
4:00pm-7:00pm*

*\$20 per person
\$12 per senior
Children under 10 years
old are free!*

*Come join us and have a
wee ole jolly time!*


**ARCHDIOCESAN DIVORCED/
SEPARATED SUPPORT
GROUPS:**

"It's true . . . there's no such thing as "Catholic Divorce" ...but millions of Catholics DO get civilly divorced. And it affects and hurts us all. Maybe you or someone you know has suffered the breakdown of the marriage and family, or maybe they are going through it right now. No matter how long it's been, the Church IS HERE to help. The Archdiocese of Newark currently has 13 parishes who offer a support group for the separated/divorced and these groups will be starting during the next couple months.

For a list of these groups, please visit our website at:
www.rcan.org/separateddivorced-support-groups
Email or Call: Lauren.Egan@rcan.org 973-497-4327

The Office of Family Life Ministries
in the Archdiocese of Newark presents:

Learn How To Avoid Frustrated Parenting



FREE EVENT
JOIN US
DINNER
INCLUDED

JOIN US FOR OUR ANNUAL SINGLE PARENTS DAY CELEBRATION PRESENTED BY CERTIFIED PARENTING COACH, LOYLA LOUVIS, AACC, OF MOTHERS IN TRAINING AS WE EXPLORE THE ABC'S OF EFFECTIVENESS IN PARENTING SO YOU CAN GAIN COOPERATION AND AVOID FRUSTRATION.

APRIL 24, 2019 • 6:45PM - 8:00PM • NOTRE DAME RC CHURCH, 359 CENTRAL AVE., NORTH CALDWELL

Discover how to identify family roles, establish your power words, develop emotional intelligence, balance privilege-to-responsibility ratios, create a family identity and more! Dinner/dessert included. No fee event. Donations accepted. RSVP to: <https://conta.cc/2EH5RFx> or Lauren.Egan@rcan.org



***Saint Michael's Food Pantry
Needs Your Help!***

Our food pantry is empty and we have a rise in the number of day laborers who need food.

We need: spaghetti, sauce, meats in a can, vegetables, beans, pancake mix and syrup, peanut butter and jelly, powdered milk, crackers, anything that does not need refrigeration.

We also find it helpful to the poor if we give them the shop-rite gift cards, enabling them to purchase foods that need refrigeration.

"Closing our eyes to our neighbor also blinds us to God"





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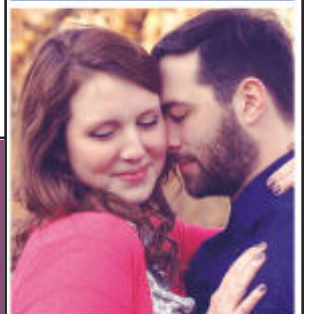
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